

Just Opened: Cape May Court House clinic provides physical therapy, rehabilitation

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Business: Fox Rehabilitation Outpatient Clinic

Location: 1261 Route 9 S., Suite 1, in Cape May Court House

Owner: Tim Fox, founder of Cherry Hill-based Fox Rehabilitation

Director of Clinical Operations: Anthony Buccafurni, 34, of Northfield, doctor of physical therapy

Phone: 609-465-8801

Employees: Three, expanding to five

We offer outpatient services, including physical and occupational therapies, and soon also speech pathology services.

We manage orthopedic injuries, neurological injuries and a variety of muscular and skeletal problems.

We're seeing your average day-to-day, weekend-warrior injuries to sports-specific injuries. Also, because of our niche in the older population, we're seeing a lot of frequent fallers due to functional decline from a myriad of different medical conditions.

One thing important to note is we're using the most current research and evidence in our current interventions. We're very evidence-based.

We use a lot of hands on modalities, manual techniques, therapeutic exercises as indicated, and the primary physical therapist here, Cape May County resident William Delanzo, has his doctorate in physical therapy.

Occupational therapies are generally designed around one's ability to perform activities of daily living. For example, difficulties with dressing, grooming or bathing.

This is Fox Rehab's first outpatient facility. At our core, we're an outpatient practice providing house calls. For the first time, we're able to bring clients into the facility when indicated.

Especially in Cape May County, our physicians and referrers were asking to provide care to a broader spectrum of ages. That prompted us to try a facility first in Cape May County.

We also can take walk-ins and evaluate their need for services. We'll perform a free screen on someone, and sometimes they need to be referred to a physician. We have a network of physicians we can refer them to.

The Fox Rehabilitation practice is in seven states and throughout New Jersey. All other locations are strictly house calls, including consultations at assisted living and adult medical daycares.

The demand for evidence-based rehabilitation services in the home has helped us expand.

Therapists need to be up on the literature in managing clients, and also need to be able to prove the effectiveness of our interventions. We're able to measure and objectify our patients' progress, which is important to the payers as well as the clients themselves.

We've always wanted to grow the right way. Demand has moved us forward and could certainly lead us to other outpatient clinics in other areas.

We're taking it a little slow right now. We're certainly looking at opportunities, but nothing specific to speak about.

Business Editor Kevin Post

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