2024-0040-QC

OT FUNCTIONAL OUTCOME MEASURES & STANDARDIZED OBJECTIVE MEASURES

CLINICAL OPERATIONS

FUNCTIONAL OUTCOMES MEASURES:

CARDIAC/VITALS

- Cardiac Protocol
- Modified Borg Scale

UPPER EXTREMITY:

- Back Scratch (ROM)
- Arm Curl Test (Strength)
- Dynamometry (Strength)

LOWER EXTREMITY:

- Ankle Dorsiflexion (ROM)
- Chair Rise Test Five Time (Strength)
- Heel Rise (Strength)

SPINE:

- Cervical Rotation
- Cervical Extension

POSTURE:

- Occiput to Wall
- Rib to Pelvis

SENSATION/COORDINATION:

- Moberg Pick Up Test

VISION:

- Snellen Chart
  - Far Acuity
  - Near Acuity

COORDINATION:

- 9 Hole Peg Test

COGNITIVE ASSESSMENTS:

- Short-Blessed Test (SBT)
- Saint Louis University Mental Status Examination (SLUMS)
- Geriatric Depression Scale (Short Form)

BALANCE:

- One Leg Stance
- Timed Up and Go Test
- Physical Performance Test (PPT)

ADL:

- The Barthel Index

IADL:

- Lawton Instrumental Activities of Daily Living Scale

ADDITIONAL FOMS:

- Bristol ADL Scale
- 6 Minute Walk Test
- Seated Step Test
- Berg Balance Scale
- Sitting Balance Scale
- Falls Efficacy Scale (FES-1)

QUESTIONNAIRES:

- Oswestry Low Back Pain Disability
- Neck Disability Index
- Quick Dash

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