

# ONCOLOGY REHABILITATION PROGRAM



PHYSICAL, OCCUPATIONAL, & SPEECH THERAPY.  
**FOX REHABILITATES LIVES.**



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It is a known fact that cancer can have devastating physical, emotional, and psychological effects on patients, caregivers and survivors. Physical and Occupational Therapists who are involved in the care of patients with cancer can help to alleviate many of the stressors associated with the disease and its treatment.

Although it was previously believed that patients with cancer were too weak to participate in a rehabilitation program, **new research indicates the following benefits of therapeutic physical activity:**

- **Improved prognosis:** When patients with cancer participate in a PT / OT program, they are able to tolerate more aggressive radiation and / or chemotherapy treatment strategies. This increases the likelihood of remission or cure.
- **Improved muscle strength:** The deleterious effects of inactivity and atrophy are reduced with exercise. The patient experiences improved strength and cardio-pulmonary stamina.
- **Accelerated recovery:** Chemotherapy and radiation therapy can cause muscle atrophy. Atrophied tissues and joints may repair more quickly with exercise. This decreases the risk of bone deterioration, blood clots, and skin breakdown.

## Q: WHY FOX?

- A:**
- Our proactive approach is grounded in well-established, world renowned concepts of health care
  - Programs and treatments are evidence-based
  - Clinicians specialize in geriatric rehabilitation
  - In-residence evaluations and home safety assessments
  - Functional treatments in the patient's own environment
  - Convenient care; patient does not travel
  - Improved program compliance and consistency of treatment
  - Full-time, dedicated, and well-trained professional clinicians
  - Able to effectively manage patients with cognitive impairments
  - A Medicare Part B Provider



## Q: WHAT EXACTLY IS THE FOX ONCOLOGY REHABILITATION PROGRAM?

**A:** The Fox Oncology Rehabilitation Program is a comprehensive new service being offered to patients with cancer, and cancer survivors. The goal of this program is to provide rehabilitation services for cancer survivors and assist them in regaining and maximizing their independence. It is designed to help patients and family members learn to adapt and improve their quality of life while living with cancer. Fox Therapists can help restore a patient's functional abilities to normal or near normal levels, and help survivors and their families maintain the best possible quality of life. As a result of improved survival rates and progress with treatment strategies, cancer has become less of a "death sentence" and more of a chronic disease that affects 10.1 million Americans.

## Q: DOES INSURANCE COVER THE COST OF THERAPY FOR PATIENTS WITH CANCER?

**A:** Medicare will pay for therapy services for patients with cancer, as it would for any other rehabilitation need. Medicare coverage is 80%, and then if there is a secondary insurance, it is billed the remaining 20%.

## Q: WHAT CAN BE DONE TO HELP A PATIENT WHO IS TOO TIRED OR WEAK TO EXERCISE?

**A:** Cancer-related fatigue is one of the most debilitating side effects of the disease and its treatment. A customized therapeutic exercise program designed by a physical or occupational therapist is one of the most effective ways of dealing with fatigue and improving patient mobility. Fox Therapists will remain in direct communication with the patient's oncologist and other members of the health care team. Our therapists are skilled in frequently reassessing their patients' functional status and needs, and will adapt each program according to the patient's ability. Fox Therapists can help limit the effects of fatigue with instruction in ADL modification and energy conservation.



## Q: WHO WRITES THE PRESCRIPTION FOR A PT / OT REFERRAL?

**A:** Referrals can be generated from the oncologist, the radiologist, a primary doctor or other physician involved in the patient's care, or a nurse practitioner. The patient, family, or caregiver can request a physical therapy and / or occupational therapy evaluation.

## Q: CAN A PT / OT REFERRAL BE MADE FOR SOMEONE ON HOSPICE?

**A:** Yes! In order for hospice and therapy services to bill Medicare simultaneously, each agency must select different billing codes. This is easily achieved as hospice agencies generally use medical codes to bill, while therapists utilize functional codes. Physical and occupational therapists can be valuable members of the hospice team. Our therapists can help patients and their families make the transition to end of life care in a dignified manner. We are specialists in pain relief, positioning, family education, and equipment recommendations. Our rehabilitation team can recommend safety modifications to the home, and enable greater independence for terminally ill patients. Exercise, transfer training, gait training, proper body mechanics, and general mobility can help improve the quality of life for hospice patients. Fox Therapists are also trained to recognize issues related to the family and caregivers, and can help guide the patient's family to services appropriate for people helping to care for patients with cancer.

## Q: DOES FOX REHABILITATION HAVE ANY CERTIFIED LYMPHEDEMA THERAPISTS ON THEIR TEAM?

**A:** Yes! In select regions we have therapist trained in complete decongestive therapy for patients with lymphedema. Our therapists provide manual lymphatic drainage along with specialized wrapping techniques in the comfort of the patient's home in order to minimize the effects of lymphedema. Please call our office for more information regarding lymphedema management.



## Q: HOW DO I START THERAPY?

### A: IF YOU OR SOMEONE YOU CARE ABOUT IS A POTENTIAL PATIENT:

Talk with your physician, or simply call Fox Rehabilitation™ and we'll help coordinate services with your doctor. You'll need a referral from your physician for a physical and / or occupational therapy evaluation.

## Q: WHO CAN I CONTACT IF I AM A REFERRAL SOURCE?

A: Complete and fax a Fox referral form or a treatment prescription along with a demographic sheet with patient insurance information. If you would like an additional supply of referral forms please call us and we'll hand deliver.

OR

If you prefer, call our referral line to speak directly with our intake department. If you have any questions or concerns please call us. We will be happy to assist you.

1 877 407 3422

FOX REHABILITATION IS PROUD TO OFFER THIS EXCEPTIONAL ONCOLOGY REHABILITATION PROGRAM TO ITS PATIENTS, CAREGIVERS, AND REFERRAL SOURCES.



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